



FEBRUARY 2020

Low-Fat and Fat-Free Milk is Offered with All Meals

Menu Subject to Change

Shenandoah High School Main Line Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

3
 Breaded Tenderloin Sandwich
 Lettuce & Tomato
 Corn
 Choice of Fresh Veggies
 Applesauce
 Pudding

4
 Two Meat Calzone
 Tossed Salad
 Steamed Peas
 Mandarin Oranges
 Banana

5
 NO
 SCHOOL

6
 NO
 SCHOOL

7
 NO
 SCHOOL

10
 Chicken Patty Sandwich
 Broccoli & Cheese
 Tossed Salad
 Baby Carrots
 Grapes
 Pineapple

11
 Cheesy Potatoes & Ham
 Green Beans
 Fresh Broccoli & Tomatoes
 Fresh Apple
 Fruity Jello
 Dinner Roll

12
 Orange Chicken
 Rice Pilaf
 Egg Roll
 Steamed California Vegetables
 Bell Pepper Strips, Carrots
 Fresh Fruit

13
 French Bread Pizza
 Lettuce Salad w/Cherry Tomatoes
 Steamed Peas
 Fresh Veggie Assortment
 Fresh Fruit
 Peaches

14
 Beef Tacos
 Refried Beans
 Cauliflower, Carrots, Gr. Peppers
 Diced Pears
 Fresh Fruit
 Choc. Chip Cookie

17
 Turkey & Noodles
 Mashed Potatoes
 Fresh Veggies & Dip
 Orange Slices
 Strawberries
 Dinner Roll

18
 Chicken Nuggets
 Green Beans
 Baby Carrots, Broccoli
 Applesauce
 Blueberries
 Bread & Butter

19
 Chicken Fajita
 Refried Beans
 Tostitos
 Lettuce Salad
 Gr. Bell Peppers, Cucumber Slices
 Mandarin Oranges
 Fresh Fruit

20
 Spaghetti
 Tossed Salad w/Cherry Tomatoes
 Baby Carrots
 Peaches
 Fresh Fruit
 Garlic Twist

21
 Stuffed Crust Pizza
 Steamed Vegetables
 Lettuce Salad
 Fresh Veggie Mix & Dip
 Grapes
 Juicy Juice
 Pudding

24
 Cheeseburger
 Lettuce & Tomato
 French Fries
 Fresh Veggie Mix & Dip
 Kiwi
 Mixed Fruit

25
 Meatloaf
 Mashed Potatoes & Gravy
 Cucumber Slices, Fresh Broccoli
 Fresh Fruit
 Strawberries
 Cake
 Dinner Roll

26
 Tex Mex Pasta
 Tossed Salad
 Fresh Veggies & Dip
 Black Bean Salsa Dip
 Tostitos
 Bell Pepper Slices, Cauliflower
 Pineapple, Fresh Fruit

27
 Grilled Cheese Sandwich
 Tomato Soup
 Lettuce Salad
 Fresh Veggies & Dip
 Peaches
 Fresh Fruit
 Crackers

28
 Fish Sandwich
 Rice Pilaf
 Green Beans
 Tossed Salad w/Cherry Tomatoes
 Baby Carrots, Cucumber Slices
 Blueberries
 Fresh Fruit

This institution is an equal opportunity provider



MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com